



Jana Thomas

Neuro Psychologist
& Researcher

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ABOUT ME

My name is Jana Thomas, I am 28 years old and obtained my Master's degree in Neuropsychology at Maastricht University (UM). I am interested in researching Alzheimer's Disease.

I want to find out where dementia originates and why it remains unpredictable. Currently, I am researching the relationship between disruptive sleep and the development of Alzheimer's Disease at Radboud University Medical Center in Nijmegen, the Netherlands.

EXPERIENCE

PhD Candidate Radboudumc

Research on the effect of chronic sleep deprivation on cognition and the development of Alzheimer's disease
NOV 2017 - CURRENT Nijmegen, the Netherlands

Research Assistant Radboudumc

Research on the effect of chronic sleep deprivation on cognition and the development of Alzheimer's disease
NOV 2016 - NOV 2017 Nijmegen, the Netherlands

Research Assistant VU Amsterdam

'Bewegen niet vergeten': Coaching of people who carry the apolipoprotein E4 to engage in an active lifestyle
APR 2016 - MAY 2017 Amsterdam, the Netherlands

Communication Assistant UCV

Student recruitment
FEB 2016 - AUG 2016 Venlo, the Netherlands

Research Internship Adelante Zorggroep

'Dealing with challenges after ABI: Personality as mediator for experience of daily emotions' - **Obtained BAPD Certificate**
JAN 2015 - AUG 2015 Hoensbroek, the Netherlands

Research project (MARBLE)^{CFIN}

'The effect of Oxytocin on Interpersonal Synchronization'
AUG 2013 - DEC 2013 Aarhus, Denmark

Research Practical Maastricht University

Investigation about interpersonal space in public environment
SEPT 2012 - JAN 2013 Maastricht, the Netherlands

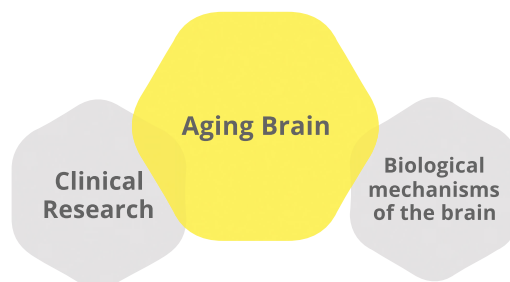
Hostess STAWAG

JAN 2014 - MAR 2016 Aachen, Germany

Remedial teaching Otto-Hahn Gymnasium

Teaching young kids English
JUL 2008 - JUL 2009 Monheim, Germany

SPECIALTIES



DISSEMINATION

SLAAP Ermelo, NL

Piet Visser Posterprijs
NOV 2017

AAIC London, UK

Poster presentation *funded by Alzheimer Nederland*
JUL 2017

SSSC Lugano, Switzerland

Invited oral presentation
MAY 2017

EDUCATION

MSc Neuropsychology

Maastricht University
SEP 2014 - AUG 2015 Maastricht, Netherlands
Language: English

BSc Psychology & Neuroscience

Maastricht University
SEP 2011 - AUG 2014 Maastricht, Netherlands
Language: Dutch

Exchange

Aarhus University

AUG 2013 - DEC 2013 Aarhus, Denmark
'Maastricht Research based Learning' (MARBLE):
Research project at Aarhus University Hospital

Abitur

Otto-Hahn-Gymnasium

JUL 2001 - MAY 2010 Monheim, Germany

PUBLICATIONS

- 2019** J. Thomas, S. Ooms, M.Verbeek, J. Booij, M. Rijpkema, R. Kessels, S. Overeem, J. Claassen. **Sleep-Cognition-Hypothesis In maritime Pilots - What is the effect of long-term work-related poor sleep on cognition and amyloid accumulation in healthy middle-aged maritime pilots: Methodology of a case-control study.**
Accepted manuscript, BMJ Open. Publication pending.
- 2016** L. Gebauer, M.A.G. Witek, N.C. Hansen, J. Thomas, I. Konvalinka, P. Vuust, 2016. **Oxytocin improves synchronisation in leader-follower interaction.**
Nature, Scientific Reports 6, Article number: 38416

INTERNSHIPS

Clinical- and research internship with clinical certificate - BAPD

Adelante Zorggroep

JAN 2015 - AUG 2015 Hoensbroek, Netherlands

Under supervision of Prof. Dr. Rudolf Ponds

Collaboration with psychiatrists and therapists

Psychiatric hospital LVR Klinik

JAN 2011- FEB 2011 Mönchengladbach, Germany

Analyzing team sports behavior

Sport- and organization psychologist Jürgen Walter

NOV 2010 - DEC 2010 Düsseldorf, Germany

Observation of therapeutic group sessions

Psychiatric hospital LVR Klinik

OCT 2010 - NOV 2010 Langenfeld, Germany

Insight into therapist's role in a judicial environment

Psychotherapeutic office Julius Busch

SEP 2010 - OCT 2010 Leverkusen, Germany

SKILLS

SPSS	<div><div></div></div>
STATA	<div><div></div></div>
E-PRIME	<div><div></div></div>
BRAIN VOYAGER	<div><div></div></div>
ENDNOTE	<div><div></div></div>
MICROSOFT OFFICE	<div><div></div></div>
MATLAB	<div><div></div></div>

LANGUAGES

GERMAN	<div><div></div></div> <div>Native</div>
DUTCH	<div><div></div></div> <div>Fluent (NT2 Staatsexamen)</div>
ENGLISH	<div><div></div></div> <div>Fluent (Cambridge Certificate)</div>
FRENCH	<div><div></div></div> <div>Good (DELF- Certificate)</div>
DANISH	<div><div></div></div> <div>Basic</div>

PASSIONS

RUNNING | BASKETBALL | YOGA | TRAVELING | READING | COFFEE